

Youth at the Forefront

**10th Annual ADAPT
Community Health Symposium**

Mental Health, Belonging, and Digital Wellness



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**Director of the Center for Behavioral Health and Wellness,
Boston Public Health Commission**

Samara Grossman, MSW, LICSW, is Director of the Center for Behavioral Health and Wellness at the Boston Public Health Commission, where she leads citywide initiatives to strengthen behavioral health systems, advance health equity, expand workforce pathways, and improve access to culturally responsive mental health supports.

Previously, Samara spent nearly a decade as a Clinical Social Worker at Brigham and Women's Hospital, specializing in trauma, PTSD, and integrated behavioral health and leading systemwide trauma-informed care and health equity initiatives. She is an accomplished educator and researcher whose work on trauma-informed care, behavioral health equity, and systems transformation has been published and cited in numerous peer-reviewed journals.

Samara is a Robert Wood Johnson Foundation Clinical Scholar alumna and a Blue Cross Blue Shield of Massachusetts Foundation MICHL Fellow. She earned her Master of Social Work from Smith College and is a Licensed Independent Clinical Social Worker in Massachusetts.