

Youth at the Forefront

**10th Annual ADAPT
Community Health Symposium**

Mental Health, Belonging, and Digital Wellness



Catherine Vuky, PhD

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Director, Asian Mental Health Concentration, William
James College**

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Health Center**

Catherine Vuky, PhD, is an associate professor and program director at William James College, where she founded the Asian Mental Health Concentration, the first national graduate program dedicated to addressing the mental health needs of the Asian community. She also serves as Director of the Behavioral Health Department and Director of Clinical Policies and Training at South Cove Community Health Center. With over 20 years of experience serving immigrant and refugee families, Dr. Vuky is committed to providing culturally responsive care and increasing access through multilingual educational materials. During the COVID-19 pandemic, she launched the Asian Providers' Network to support and mentor emerging professionals. She consults for the Asian Community Fund at The Boston Foundation and led a convening of 10 Asian-led organizations to collaboratively address mental health disparities across Massachusetts—securing funding to expand supervision and training through secondary supervisor roles. Dr. Vuky also advises Dalat University in Vietnam on launching a campus counseling center.