Tufts Clinical and Translational Science Institute

Dear ADAPT Partners and Stakeholders,

We are proud to share with you ADAPT's Strategic Plan, 2023-2027, that will guide our work, engagement, and partnerships in the next four years.

We would like to thank the Strategic Planning Committee for their dedication and valuable contributions to the strategic planning process in the past seven months. Their thoughtful feedback ensures that our Plan reflects ADAPT's core mission and values and is responsive to and impactful for the communities that we serve.

Founded on principles of Community-Based Participatory Research (CBPR), <u>ADAPT</u> was established in November 2011 as part of Tufts Clinical and Translational Science Institute's (CTSI) Community and Stakeholder Engagement (CSE) Program. ADAPT has been a strong and dedicated research and education partner for the Boston Chinatown community and for researchers and students at Tufts University, Tufts Medical Center, and throughout Greater Boston. Over the last decade, ADAPT has successfully built trust and authentic research partnerships with five Asian-serving community-based organizations based in Boston Chinatown. Serving as an incubator, convener, and a co-learning space, ADAPT fosters bidirectional conversations about collaborative activities to link community-identified priorities with academic research expertise and provide consultation and support for projects focused on Asian health equity. Most recent research projects address community-identified health needs such as housing insecurity, gentrification, problem gambling, and mental health. Examples of our projects can be found <u>here</u>.

Looking ahead, we will build on these foundations and expand our work in the areas of research dissemination and policy. Our Plan will strengthen our Coalition's translational impact, reach, and visibility while also ensuring that we have the infrastructure and resources to sustain our work long-term.

Our Strategic Plan is centered on ADAPT's renewed mission as a **coalition of community and academic partners committed to advancing the health, well-being, and visibility of underserved Asian communities.** Our approach is to pursue **community-engaged research, education, and advocacy that translate into improved service delivery, policies, and health equity.** In addition, as part of the Tufts Clinical and Translational Science Institute (CTSI), our work is aligned with the CTSI's mission *to stimulate innovative broadly-engaged team science across the translational research spectrum to improve clinical care and health.*

In August 2023, the ADAPT Steering Committee voted unanimously to adopt this Strategic Plan. This Plan is an important roadmap and guiding force for our Steering Committee, staff, and our broader stakeholder community in the next four years to build a successful future.

Together, we look forward to realizing our Plan and ensuring ADAPT's sustainability and continued impact in Asian communities to advance health equity.

MyDzung T. Chu ADAPT Director

Dawn Sauma ADAPT Community Co-Chair

ADAPT Strategic Plan (2023-2027)

MISSION, VISION, AND CORE VALUES

Mission

ADAPT (<u>A</u>ddressing <u>D</u>isparities in <u>A</u>sian <u>P</u>opulations through <u>T</u>ranslational research) is a coalition of community and academic partners committed to advancing the health, well-being, and visibility of underserved Asian communities through community-engaged research, education, and advocacy that translate into improved service delivery, policies, and health equity.

Vision

ADAPT envisions a healthy and thriving society where all Asians are equitably represented and meaningfully engaged in research, education, service delivery, and policies.

Core Values

We embrace the following core values in our engagement, partnerships, and work:

- Bi-directional learning and collaboration
- Health Equity
- Racial Justice
- Language Justice
- Data Equity
- Culture, Diversity, and Inclusion
- Asset- and strength-based approaches
- Principles of integrity, transparency, accountability, and mutual respect
- Community-prioritized research, action, and advocacy

STRATEGIC AREAS AND GOALS

I. Amplify ADAPT's Translational Impact

- **Goal 1:** Develop a set of shared principles that guide our Coalition's work in research, education, and advocacy toward advancing improved service delivery, policies, and health equity.
- Goal 2: Increase the dissemination and support the implementation of research findings.

II. Strengthen ADAPT's Sustainability by Increasing Program Capacity and Resources

• **Goal 3:** Secure resources to optimally perform and sustain our work across all areas (i.e., research, education, and advocacy).

III. Increase ADAPT's Brand Awareness, Visibility, and Engagement

- **Goal 4:** Reaffirm our identity and the efficacy of our work by developing a Theory of Change model.
- Goal 5: Increase ADAPT's visibility and recognition locally, regionally, and nationally.
- **Goal 6:** Diversify ADAPT's current population reach in alignment with our mission, vision, and values.