

# BUILDING RESILIENCE: Promoting AAPI Access to Mental Health Care

**Tuesday, October 24**

9:00 am – 12:00 pm ET

Museum of Science, Boston

**Creating equitable access to mental health care** is about more than making services and resources available. In many cultures and communities, mental health care is often stigmatized and shunned, leaving people to suffer in silence or face shame from family and friends.

The Asian American and Pacific Islander (AAPI) population is the fastest growing racial group in Greater Boston, with one of every ten people in Boston identifying as AAPI. Yet, there are huge divides in the care accessible to this community. How can we start bridging the gaps in care? How can we begin the process of improving our healthcare systems to consider diverse perspectives and needs?

Join us as we bring together professionals and community leaders to discuss the current state of mental health care in AAPI communities, make connections, and start the conversation around making changes. Share your voice on this important topic and help us develop a more equitable system for everyone.



**Scan the QR code to  
register for this free event**



## PANEL SPEAKERS

- **Catherine Chang, RN**, *Director of Behavioral Health Program at the Greater Boston Chinese Golden Age Center (GBCGAC)*
- **Dr. Paul Watanabe**, *Professor of Political Science and Director of the Institute for Asian American Studies, University of Massachusetts, Boston*
- **Samara Grossman, MSW, LICSW**, *Director, Center for Behavioral Health and Wellness, Boston Public Health Commission*
- **Dr. Pata Suyemoto**, *Training Director, National Asian American Mental Health Association (NAAPIMHA); Associate Director of Equity, Massachusetts Coalition for Suicide Prevention (MCSP)*
- **Dr. Insoo Hyun (moderator)**, *Director, Center for Life Sciences and Public Learning, Museum of Science, Boston*