



Addressing Disparities in Asian Populations through Translational Research (ADAPT)

WHAT IS ADAPT?

Addressing Disparities in Asian Populations through Translational Research (ADAPT) was established in November 2011 as part of Tufts CTSI's Stakeholder and Community Engagement Program. Because the Tufts campus is situated in Boston's Chinatown and affiliated practice centers and hospitals are located in smaller surrounding cities with high proportions of Asian residents (e.g., Quincy, Lowell, Malden), ADAPT places a particular emphasis on Asian health disparities.

ADAPT is a community-academic collaboration of administrators, researchers, clinicians, and students affiliated with Tufts Medical Center, Tufts University, and community leaders from six community organizations in Boston's Chinatown. The collaboration follows principles of community-engaged partnerships, including community-identified goals and priorities, shared decision-making, and co-learning.

MISSION & GOALS

ADAPT's mission is to assess, improve, and promote health and well-being among underserved Asian-American communities in the Greater Boston area through research, education and advocacy. ADAPT:

- Aims to raise awareness of Asian health disparities and facilitate community-engaged research that targets the health of Asian Americans.
- Functions as a space for co-learning, mutual collaboration and the incubation of ideas and collaborations.

- Provides seminars and hosts Asian Health Symposia that target the research and clinical communities, public health and policy makers, and community leaders.
- Supports investigators interested in Asian health disparities.
- Encourages researcher-community organization collaborative efforts to seek funding for research and services in our surrounding community.

ADAPT PARTNERSHIPS

ADAPT is guided by an active community-researcher Steering Committee whose core members include representatives from:

- Action for Boston Community Development
- Asian Community Development Corporation
- Asian Task Force Against Domestic Violence
- Asian Women for Health
- Boston Chinatown Neighborhood Center
- Greater Boston Chinese Golden Age Center
- Tufts CTSI
- Tufts University (School of Medicine, School of Dental Medicine, and Tisch College of Civic Life)
- Tufts Medical Center (Institute for Clinical Research and Health Policy Studies, ICRHPS)

ADAPT PROJECTS & ACTIVITIES

ADAPT fosters bi-directional conversations about collaborative activities to link academic research expertise with community-identified priorities in the context of academic objectives of the University and the missions of community-building and service provision of ADAPT's community partners.

Research

ADAPT provides consultation and support for research grants focused on Asian health. It helps incubate academic-community research partnerships and secure seed funding for their work. Recent research projects include:

- Health and Housing: Assessing Baseline Health and Housing Characteristics of New Residents in the Chinatown Affordable Housing Units
- Pathways to Autism Diagnosis and Services within a Chinese-American Community Population
- Care Coordination for Asian Elders
- Mitigation of Negative Impacts of Gentrification through Arts & Culture

Education

In addition to supporting the development of research partnerships, ADAPT provides learning opportunities for graduate and undergraduate students interested in Asian health and connects them with potential research, internship, or volunteer opportunities in Chinatown.

Annual Symposium

As part of its commitment to bi-directional research relationships, ADAPT conducts a yearly community forum/symposium for community building, research dissemination, and stakeholder input. The Asian Health Symposium serves as a mechanism for the broader community to engage with Tufts on issues affecting Chinatown and Asian communities in the Greater Boston area.

Monthly ADAPT Meetings

ADAPT holds monthly meetings. Community and academic members interested in Asian health are welcome to attend.

Asian Health Equity Fellowship

With support from Tufts CTSI and Tufts University School of Medicine Department of Public Health and Community Medicine, ADAPT offers a one-year Asian Health Equity Fellowship which provides the opportunity for a Tufts graduate student to learn about community-engaged research and partnership building with the Asian American community in Boston.

ENGAGE WITH ADAPT

ADAPT membership is open to individuals and organizations who are interested in community-academic research partnerships focusing on Asian health, and who are committed to supporting and promoting ADAPT's mission, vision, and strategic priorities.

For more information about ADAPT, please contact ADAPT Director, Dr. Carolyn Rubin, at carolyn.rubin@tufts.edu or 617-636-3444 • <https://www.tuftsctsi.org/research-services/stakeholder-community-engagement/adapt/>



ASIAN TASK FORCE
Against Domestic Violence



Greater Boston 中華耆英會
Chinese Golden Age Center



**Boston Chinatown
Neighborhood Center, Inc**
波士頓華埠社區中心

Tufts Public Health
WORKING ACROSS DISCIPLINES AND GLOBAL BOUNDARIES



Jonathan M. Tisch
College of Civic Life

Tufts CTSI Tufts Clinical and Translational Science Institute

A collaboration of organizations, founded by Tufts Medical Center & Tufts University.

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