**JR Faculty Research Career Development Forum**

**INDIVIDUAL DEVELOPMENT PLAN (IDP)**

**Step 1: Assess your skills.   
Step 2: Fill out the chart below.**

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| --- | --- | --- | --- |
|  | **Short-Term Time**  **Frame (3-6 months)**  What do I want to accomplish in the next three to six months? | **Mid-Term Time**  **Frame (6 mos-2 years)**  What do I want to accomplish in the next six months to two years? | **Long-Term Time**  **Frame (2-3 years)**  What do I want to accomplish in the next two to three years? |
| **My Goals** – Section 1  What are my overall goals that I want to accomplish in this time period? | Write your short-term  goals | Write your mid-term  goals | Write your long-term  goals |
| **Skills and Knowledge to be**  **Learned** – Section 2  What specifically do I need to learn? | Write your short-term  skills and knowledge to be learned | Write your mid-term  skills and knowledge to be learned | Write your long-term  skills and knowledge to be learned |
| **Next Steps** – Section 3  How am I going to acquire the skills and knowledge? How am I going to do this project? | Write your short-term  next steps | Write your mid-term  next steps | Write your long-term  next steps |
| **Resources** – Section 4  What resources do I need?  How to use the Jr Faculty Forum, CTS courses, or other CTSI Resources? | Write your short-term resource needs | Write your mid-term resource needs | Write your long-term resource needs |
| **Time Schedule** – Section 5  What is my time schedule? (Start and Projected End Dates) |  |  |  |
| **Completion** – Section 6  When have I completed each step? (Actual Completion Date) |  |  |  |