

## **What are ADAPT's research accomplishments to date?**

These partnerships include:

- 1. Increasing Utilization of Preventive Care in Asian American Women in Massachusetts:** A collaboration between Dr. Lisa Gualtieri (Public Health and Community Medicine) and Asian Women for Health, with the goal to identify barriers to utilization of preventive services by Asian American Women in Massachusetts through focus groups with Chinese-American, Vietnamese-American, and South Asian-American women as a first step toward developing interventions to increase utilization. *Funded by the Tufts Community Research Center.*
- 2. Healthy Chinatown:** A collaboration between Dr. Virginia Chomitz (Public Health and Community Medicine), Asian Women for Health, and the Boston Chinatown Neighborhood Center, the goal of this project was to better understand rising obesity rates among Chinese children by gathering formative data about nutrition and physical activity. *Funded by the Asian American Pacific Islander Health Forum.*
- 3. Health of Asians and chronic diseases pilot study:** A collaboration between Dr. Karen Freund (Tufts CTSI and ICRHPS) and Greater Boston Chinese Golden Age Center the goal of this pilot project is to test the feasibility of a longitudinal cohort study that would seek to better understand potential causes of cancer in the Chinese community. *Funded by the National Cancer Institute.*
- 4. Health of Boston Chinatown:** A health needs assessment: A collaboration between Dr. Susan Koch-Weser (Public Health and Community Medicine) and the Boston Chinatown Neighborhood Center, the goal of this project is to conduct a population-based survey of Chinatown residents that queries their health needs and health concerns. *Funded by Tufts Collaborates.*
- 5. Asian American breast cancer awareness:** A collaboration between Dr. Carolyn Rubin (Tufts CTSI, Public Health and Community Medicine and Tufts Cancer Center), Asian Women for Health, and the Asian Breast Cancer Project, the goal of this project was to develop a community-level intervention to increase knowledge and awareness of breast health and breast cancer among Chinese and Vietnamese women and to encourage women to have a mammogram. *Funded by the Susan G. Komen Foundation.*
- 6. Defining the empowerment process:** A collaboration between Dr. Carolyn Rubin (Tufts CTSI, Public Health and Community Medicine and Tufts Cancer Center) and the Asian Task Force Against Domestic Violence, the goal of this project was to explore culturally situated understanding and practices of empowerment among Chinese and Hindi survivors of domestic violence. *Funded by the Tufts Community Research Center.*
- 7. Oral Health Knowledge, Attitude & Behavior of Parents at ABCD Chinese Church Head Start:** A collaboration between Dr. Christine Rioux, PhD, MS, Dr. Risha M. De Leon, DMD (Tufts University School of Medicine) and ABCD Chinese Church Head Start (Preceptor: Mei-hua Fu, MS). This project aims to contribute to the existing Oral Health Initiative in improving the caries rate among the children of ABCD Chinese Church Head Start and can be a basis for further development of a comprehensive oral health program. *A service project supported by the Albert Schweitzer Fellowship (ASF).*

**8. Health and Housing: Assessing baseline health and housing characteristics of new residents in the Chinatown affordable housing units:** A collaboration between Drs. Virginia Chomitz and Carolyn Rubin (Tufts Public Health and Community Medicine) and Dr. Mariana Arcaya, an Assistant Professor in Urban Planning and Public Health at MIT and the Asian Community Development Corporation (ACDC), a non-profit housing developer of One Greenway. The goal of this project is to describe housing and health conditions experienced by a sample of low income renters in affordable housing in Boston, and to establish baseline conditions that can form the basis of a longitudinal study of health and housing quality. *Supported by MIT Urban Planning and Public Health and Tufts Public Health and Community Medicine.*

**9. Pathways to Autism Diagnosis and Services within a Chinese-American Community Population:** A collaboration between Dr. Christina Mule and Dr. Christina Sakai (Tufts Medical Center) and the Boston Chinatown Neighborhood Center. This mixed-methods study seeks to address recognized disparities in the diagnosis and treatment of autism in Chinese-immigrant children. The results of this study will be used to inform the development of an intervention targeted to the needs of Chinese – immigrant children with autism. *Funded by the Deborah Munroe Noonan Memorial Research Fund.*

**10. Care Coordination for Asian Elders:** A collaboration between Dr. Thanikachalam, MD and Dr. Koch-Weiser, PhD (Tufts Department of Public Health and Community Medicine) and the Greater Boston Chinese Golden Age Center (GBCGAC). An extension of the Community Based Empowerment and Participatory Care Model, this pilot project will provide care coordination and community-based support to 40 Asian seniors to enable them to sustain self-health management skills and continue to live independently in the community. *Funded by the Tufts Health Plan Foundation.*